

The Code

A Universal Guide for Positive Daily Living

To have The Code work in your life, say it once a day

The First Intent ~ Support Life

I refrain from opposing or harming anyone.
I allow others to have their own experiences.
I see life in all things and honor it as if it were my own. *I Support Life.*

The Second Intent ~ Seek Truth

I follow my inner compass and discard any beliefs
that are no longer serving me. I go to the source. *I Seek Truth.*

The Third Intent ~ Set Your Course

I begin the creative process. I give direction to my life. *I Set My Course.*

The Fourth Intent ~ Simplify

I let go so there is room for something better to come in.
I intend that I am guided, guarded, protected, provided for and lined up
with the Highest Good at all times. I trust and remain open to receive
from both expected and unexpected sources. *I Simplify.*

The Fifth Intent ~ Stay Positive

I see good, say good and do good. I accept the gifts from all my experiences.
I am living in grace and gratitude. *I Stay Positive.*

The Sixth Intent ~ Synchronize

After intending and surrendering, I take action by following
the opportunities that are presented to me.
I am in the flow where Great Mystery and Miracles abide,
fulfilling my desires and doing what I came here to do. *I Synchronize.*

The Seventh Intent ~ Serve Others

I practice love in action. I always have enough to spare and enough to share.
I am available to help those who need it. *I Serve Others.*

The Eighth Intent ~ Shine Your Light

I am a magnificent being, awakening to my highest potential.
I express myself with joy, smiling easily and laughing often.
I Shine My Light.

The Ninth Intent ~ Share Your Vision

I create my ideal world by envisioning it and telling others about it.
I Share My Vision.

The Tenth Intent ~ Synergize

I see humanity as One. I enjoy gathering with light-hearted people regularly.
When we come together, we set the stage for Great Oneness to reveal Itself.
We Synergize.

The Eleventh Intent ~ Stay Above It All

I am present and perfect in this moment. My judgments and reactions in check,
I forgive myself and everyone else. Now I am innocent, free and at peace,
untouched forever by the ways of the world.
I am Immortal Spirit and I Stay Above It All.