

The Code

Ten Intentions for a Better World

To have The Code work in your life, say it once a day

The First Intent - Support Life

I refrain from opposing or harming anyone. I allow others to have their own experiences.
I see life in all things and honor it as if it were my own. *I support life.*

The Second Intent - Seek Truth

I follow my inner compass and discard any beliefs that are no longer serving me.
I go to the source. *I seek truth.*

The Third Intent - Set Your Course

I begin the creative process. I give direction to my life. *I set my course.*

The Fourth Intent - Simplify

I let go so there is room for something better to come in. I intend that I am guided, guarded, protected, provided for and lined up with the Highest Good at all times.
I trust and remain open to receive from both expected and unexpected sources. *I simplify.*

The Fifth Intent - Stay Positive

I see good, say good, and do good. I accept the gifts from all of my experiences.
I am living in grace and gratitude. *I stay positive.*

The Sixth Intent - Synchronize

After intending and surrendering, I take action by following the opportunities that are presented to me. I am in the flow where Great Mystery and Miracles abide, fulfilling my desires and doing what I came here to do. *I synchronize.*

The Seventh Intent - Serve Others

I practice love in action. I always have enough to spare and enough to share.
I am available to help those who need it. *I serve others.*

The Eighth Intent - Shine Your Light

I am a magnificent being, awakening to my highest potential.
I express myself with joy, smiling easily and laughing often. *I shine my light.*

The Ninth Intent - Share Your Vision

I create my ideal world by envisioning it and telling others about it.
I share my vision.

The Tenth Intent - Synergize

I see humanity as One. I enjoy gathering with light-hearted people regularly.
When we come together, we set the stage for Great Oneness to reveal itself.
We synergize.