# THE VITAMIN D ASSOCIATION

IS WORKING TO HELP SOLVE MANY HEALTH PROBLEMS WHERE LACK OF SUNLIGHT, AND THEREFORE LACK OF VITAMIN D, IS IMPLICATED.

## **BOOKING ARRANGEMENTS**

To book places, please use our online booking form at: http://vitamindassociation.org/events.html

Cost, including refreshments and PDF copy of the presentations, is:

Standard Concessions Students Early booking (before April 1st): £149 £80 £40 April 1st onwards: £199 £100 £50 (All plus VAT)

Video recordings of the sessions will be made available approximately 30 days after the event. The cost of these will be £49 plus VAT.

Concessionary rates are offered for small charities, unfunded individuals, students and those in similar circumstances. If you find the charge for tickets a barrier to attending, please let us know and we will do our best to see if you can be included.

Please email: info@vitamindassociation.org or call us on 020 3286 1284.

#### LOCATION

Vitamin D - Expert's Forum will be held in the main lecture theatre of the Wellcome Trust in London.

# **CPD CERTIFIED**

This event is CPD certified.

# **OTHER EVENTS**

VITAMIN D & OBSTETRICS - IMPROVING PREGNANCY AND CHILDBIRTH

MAY 18 VITAMIN D & CANCER - TREATMENT & PREVENTION

Other events are in planning. More information at: http://vitamindassociation.org/events.html

# VITAMIN D EXPERTS' FORUM

WELLCOME TRUST CONFERENCE CENTRE 183 EUSTON ROAD, LONDON, NW1 2BE, UK

SOME OF THE WORLD'S FOREMOST EXPERTS IN VITAMIN D.

# HEAR

HOW VITAMIN D IS BEING USED TO TREAT AND PREVENT MANY ILLNESSES.

# PARTICIPATE

IN AN OPEN DISCUSSION ABOUT NEW TREATMENT GUIDELINES AND PROTOCOLS.

# SHARE

YOUR KNOWLEDGE AND CLINICAL EXPERIENCES.

www.vitamindassociation.org

# INTENSE LEARNING EXPERIENCE

ABOUT VITAMIN D FROM SOME OF THE WORLD'S FOREMOST EXPERTS. AN OPEN DISCUSSION FORUM FOR YOU TO SHARE YOUR CLINICAL EXPERIENCES.

# 8:30 Registration

- Chairman's opening remarks. Rufus Greenbaum, 9:30 Vitamin D Project Manager, Systems Biology Laboratory
- 9:35 Vitamin D: A D-lightful story for good health. **Dr Michael F Holick**
- UK Overview Statistics about Vitamin D in the UK. Rufus Greenbaum
- 10:45 Discussion - All
- Break
- The Impact of improving Vitamin D levels health & financial outcomes. Dr William B Grant
- Vitamin D & Cancer current trials and evidence. Carole Baggerly
- 12:15 Discussion - All
- Lunch
- 1:30 Public Policy on Vitamin D. Dr Oliver Gillie
- Treatment & Toxicity Benefits and dangers of supplementing with Vitamin D. Dr Reinhold Vieth
- 2:30 Discussion
- Break
- Clinical experiences in a UK hospital. Dr David Grimes
- Discussion All
- Closing Remarks. Mike Fischer Director, Systems Biology Laboratory.
- 5:00 End

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## DR. MICHAEL F. HOLICK

Dr. Michael F. Holick is Professor of Medicine. Physiology and Biophysics; Director of the General Clinical Research Unit: and Director of the Bone Health Care Clinic and the Director of the Heliotherapy, Light, and Skin Research Center at Boston University Medical Center. More at: www.vitamindhealth.org



# DR. WILLIAM B. GRANT

Dr. William B Grant runs the Sunlight, Nutrition and Health Research Center. This is devoted to research and education relating to the prevention of chronic disease through changes in diet and lifestyle. More at: www.sunarc.org



## CAROLE BAGGERLY

Carole Baggerly runs a research and public health promotion organisation aimed at solving the D deficiency epidemic. More at: www.grassrootshealth.net



#### DR. OLIVER GILLIE

Dr. Oliver Gillie is a scientist and writer. He is former medical correspondent of The Sunday Times and former health editor of The Independent. He is a collaborator with Professor Julian Peto in the VIDAL trial of vitamin D and longevity and an associate editor of the journal Public Health Nutrition. More at: www.healthresearchforum.org.uk



# DR. REINHOLD VIETH

Dr. Reinhold Vieth is Professor in the Department of Nutritional Sciences, and the Department of Laboratory Medicine and Pathology, University of Toronto. He is an internationally recognized expert on the clinical effectiveness of vitamin D as well as its pharmacology and safety. More at:





## **DR. DAVID GRIMES**

Dr. David Grimes is a consultant Gastroenterologist at Blackburn Hospital in the UK. He has written about the importance of Vitamin D for the developing foetus and the implications for infections, diabetes, heart disease, liver disease and Crohn's disease. More at:

www.vitamindandcholesterol.com